

Invitation to workshop on Ageing, Longevity and Health  
4-6 October 2006 in Copenhagen, Denmark



Dear IARU-colleagues,

The University of Peking and the University of Copenhagen are happy to invite you to a workshop entitled "Ageing, Longevity and Health" on October 4-6 2006 in Copenhagen, Denmark. The workshop will serve as a research-planning meeting, enabling the IARU members to exchange information and to define issues and themes for common research. The specific aim of the workshop is to define and initiate research collaborations, more specifically to

- Identify opportunities for substantive research collaborations (incl. data-based longitudinal cohort studies)
- Identify opportunities and funding for exchange of graduate students (ph.d.-schools, ph.d.-grants)
- Develop strategies to influence policy makers and the public, by using the data and outcomes of the IARU collaborations
- Endow the IARU Presidents with strategic advice and research guidelines

The outcomes of the workshop shall be formally documented and submitted to the 2007 IARU Presidents' Meeting for discussion.

The joint workshop will include a satellite symposium on several biomedical aspects of ageing and health.

#### Satellite symposium

The satellite symposium takes place on October 4 and will focus on *neurodegeneration and ageing*.

The presentations will focus on neuroscience and neuromedicine, especially with relation to

- *Pathogenesis and neuropathological processes observed during neurodegeneration*
- *Brain disorders*
- *The development of therapeutic interventions to minimize age associated disease*

24 JULY 2006

INTERNATIONAL RELATIONS

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### General workshop

The general workshop takes place on 5-6 October and will contain the following topics

- 1) life course factors and ageing processes,
- 2) the health and social care systems
- 3) demographics and economics.

The workshop will include plenary sessions and two parallel tracks (Track A and Track B) covering the three specific themes. The individual sessions in the tracks will consist of overviews of existing research, ongoing studies and research issues for possible collaboration.

#### *Track A*

Track A will run throughout the workshop and focus on *Influence of biological, behavioural, environmental and socioeconomic factors throughout the life course on age-related disorders and general ageing processes.*

The focus will be on epidemiological and biomedical challenges in longitudinal cohort studies with focus on the life course perspective. This track will include presentation of data for collaborative research and examples of topics for collaborative research, e.g. early signs of the ageing process and early indicators of age-related disorders.

#### *Track B*

Track B will incorporate three sessions on the health and social care systems and two sessions on demographic and economic research.

The three sessions on health and social care systems will focus on research challenges in

- a) *Changes in health and social care systems*
- b) *Health promotion and primary prevention of disability*
- c) *Living with chronic diseases and disability.*

These sessions will explore both current research perspectives on health and social care for older people as well as policy implications for the future.

The last two sessions in Track B on demographic and economic research will focus on

- a) *Selection phenomena and health expectancy*
- b) *Socio-economic planning and individual financial planning.*

For the further planning of the workshop it would be helpful if you could send information about ongoing and planned research projects from your universi-



ties within the above mentioned 1) to 3) topics. Please mail this information to Associate professor Kirsten Avlund at [K.Avlund@pubhealth.ku.dk](mailto:K.Avlund@pubhealth.ku.dk)

#### Invitation

It is our intention that three or four specialists in ageing from each interested IARU University participate in the satellite symposium and the workshop, and we expect a total of 50-80 participants. We would be grateful if you could provide us the potential participants from your institution and respond as soon as possible by registering at the website mentioned below. We will need to have a list of participants for the workshop by 1 September 2006.

There is no registration fee, and meals will be paid for, as the participants will be guests at the University of Copenhagen. However, the participants are expected to cover their own travel and lodging expenses. The University of Copenhagen has reserved rooms at affordable hotels.

#### Practical information and registration

Participants can register for either the satellite symposium or the general workshop, or they can sign up for both.

If the participants wish to participate in the satellite symposium only, they should plan to arrive no later than on 3 October in the evening, and they can leave on 4 October after 5 pm. Please note that a gala dinner has been planned in the evening on 4 October. Participants who wish to take part should therefore postpone their departure till the next morning.

Participants for the general workshop should plan to arrive no later than in the evening of 4 October, and can leave on 6 October after 4 pm. If the participants wish to take part in the gala dinner they should arrive no later than in the afternoon on 4 October.

Participants who wish to take part in both the satellite symposium and the general workshop should plan to arrive on 3 October in the evening and can leave on 6 October after 4 pm.

An on-line registration form and hotel-booking is available at

<https://www.ics-online.com/ei/getdemo.ei?id=245&s=7H80VNTAK>

Please also choose the preferred workshop track A or B.

A detailed preliminary programme, which also includes information on the gala dinner on 4 October and social activities in the evening on 5 October, will be available soon at the IARU website at

[http://info.anu.edu.au/ovc/Alliances/IARU/Projects/Longevity\\_and\\_Health.asp](http://info.anu.edu.au/ovc/Alliances/IARU/Projects/Longevity_and_Health.asp)

Deadline for registration is on **1 September 2006**.

We look forward to seeing you in Copenhagen.

Yours sincerely



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